## THE ORAL HEALTH STUDY

## What is the Oral Health Study?

The Oral Health Study is a clinical research study to investigate whether improving the health of teeth and gums slows the progress of mild dementia. We are recruiting people living with mild dementia and mild cognitive impairment (MCI) for this study.



## Am I eligible to take part?

To be included in the Oral Health Study you must:

- Have a diagnosis of dementia or MCI.
- Have gum disease (you may not be aware of this).
- Have good physical health, be a non-smoker with no current alcohol or drug dependency issues.
- Have at least 6 of your own teeth.

## What does the study involve?

- We will ask you to visit the Bristol Dental Hospital for an initial assessment.
- If you are eligible to take part you will receive free dental care and advice over a number of appointments over 2 years to improve the health of your teeth and gums.
- We will regularly monitor your oral health and the progress of your dementia over 2 years.

If you are interested in taking part, we would really like to hear from you. Please ring: 0117 342 9637 OR email <u>dental-clinical-</u> <u>trials@bristol.ac.uk</u> and a member of the study team will give you more information and answer any questions you may have.

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